

HOW TO TAKE MEASUREMENTS

PRESSURE SUITS, SP-1, ASSAULT

With tape level, measure around the fullest part of the chest, just under the arms and around the shoulder blades.

GLOVES

Hand measure should be taken around the fullest part of the hand not including the thumb. If right-handed, use right hand and vice versa.

HELMETS

With tape level, measure the widest point of your head, approximately 1 inch above your eyebrows.

SHOES & SOCKS

Use your regular shoe size as a reference. Shoes are in Mens sizes.

ELBOW & KNEE PADS

Measure around your arm or leg where top & bottom of pad ends.

KNEE BRACES & HARD SHELL PROTECTORS

See sizing & weight charts on knee brace & Defender pages.

FULL FACE CYCLING HELMETS - FULL BRAVO, CARBON BRAVO, FULL COMP

	XXSMALL	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE
Size in inches	19¼-20½	20½-21¾	21¼-22	22-23⅞	22⅞-23⅝	23⅝-24½
Size in CM	50-52cm	52-54cm	54-56cm	56-58cm	58-60cm	60-62cm

MOTO STYLE HELMETS - FLIGHT & LAUNCH

	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE
Size in inches	20⅞ - 21¾	22⅞ - 22	22½ - 22⅞	23¼-23⅝	24-24½	24⅞ - 25¼
Hat size	6½ - 6⅝	6¾ - 6⅞	7 - 7⅞	7¼ - 7⅝	7½ - 7⅞	7¾ - 7⅞
Size in CM	53-54cm	55-56cm	57-58cm	59-60cm	61-62cm	63-64cm

SKATE STYLE HELMETS - DIRT LIDS, MULLET

	SMALL	MEDIUM	LARGE
Size in inches	21¼ - 22	22½-23¼	23¼-24½
Hat size	6¾-7¼	7⅞ - 7⅝	7¾ - 7¾
Size in CM	54-56cm	56-59cm	59-62cm

*Dirt Lid & Mullet come in one shell size with fit kit.

PRESSURE SUIT, SP-1, ASSAULT

	XS	SM	MD	LG	XL
Chest inches	32-33	34-35	36-38	40-42	44-46
Waist inches	26-28	28-30	31-33	34-36	38-40
Chest in CM	81-84	86-89	91-97	101-107	112-117
Waist in CM	26-28	28-30	31-33	34-36	38-40

CYCLING HELMETS - XC BRAVO, XC COMP

	SM-MD	LG-XL
Size in inches	21¼ - 22⅞	22⅞ - 24½
Size in CM	54-58cm	58-62cm

CHICKEN WING ELBOW GUARDS

	SM	MD	LG	XL
Top Opening in inches	8"-12"	9"-15"	10"-18"	11"-20"
Bottom Opening inches	7"- 9"	8"-10"	9"-14"	10"-23"
Top Opening in CM	20-30	23-38	25-46	28-51
Bottom Opening CM	18-23	20-25	23-35	25-58

ALL GLOVES

	XS	SM	MD	LG	XL
Size in inches	7	8	9	10	11
Size in CM	18cm	20cm	23cm	25cm	28cm

VEGGIE WRAP SHIN GUARDS

	SM	MD	LG
Top Opening in inches	12"-15"	14"-17"	14"-19"
Bottom Opening inches	9"-12"	10"-12"	11"-14"
Length in inches	12½"	12½"	13½"
Top Opening in Centimeters	30-38	35-43	35-48
Bottom Opening Centimeters	23-30	25-30	28-35
Length in Centimeters	32	32	34

2x4 ELBOW/FOREARM GUARDS

	SM	MD	LG
Top Opening in inches	10¾"	11½"	12"
Bottom Opening inches	6½"	6¾"	7"
Top Opening in Centimeters	27cm	29cm	30cm
Bottom Opening Centimeters	16cm	17cm	18cm

DJ ELBOW GUARDS

	SM	MD	LG
Top Opening in inches	10"	12"	13"
Bottom Opening inches	8½"	9"	9¼"
Top Opening in Centimeters	25cm	30cm	33cm
Bottom Opening Centimeters	21cm	23cm	23cm

4x4 KNEE/SHIN GUARDS

	SM	MD	LG
Top Opening in inches	15¾"	17"	18½"
Bottom Opening inches	8"	9"	9½"
Top Opening in Centimeters	40cm	43cm	47cm
Bottom Opening Centimeters	20cm	23cm	24cm

RACE ELBOW/FOREARM GUARDS

	SM	MD	LG
Top Opening in inches	8-11"	9-14"	10-17"
Bottom Opening inches	5-9"	6-10"	7-11"
Top Opening in CM	20-28cm	23-35cm	25-43cm
Bottom Opening CM	13-23cm	15-25cm	18-28cm

DJ KNEE GUARDS

	SM	MD	LG
Top Opening in inches	14"	16½"	17¼"
Bottom Opening inches	12½"	13½"	14"
Top Opening in Centimeters	35cm	42cm	44cm
Bottom Opening Centimeters	32cm	34cm	35cm

RACE KNEE/SHIN GUARDS

	SM	MD	LG
Top Opening in inches	14-20"	15-22"	16-24"
Bottom Opening inches	8-12"	9-14"	10-16"
Top Opening in CM	35-51cm	38-56cm	40-61cm
Bottom Opening CM	20-30cm	23-35cm	25-41cm

If you are unsure about your size, compare your body measurements to the charts provided to determine the correct fit. These charts will give you a good idea of the size to order, but keep in mind body sizes & shapes can vary and this is an average. Some merchandise dimensions may vary from the averages here.